

AIMS Road Course Measurement Workshop – Ottawa, July 18/19, 2026

Athletics Canada and Athletics Ontario are pleased to announce a Road Course Measurement Workshop, to be held under the auspices of AIMS.¹

The workshop will introduce the Calibrated Bicycle method of road course measurement. Successful completion of this workshop will enable participants to begin or continue their progress within the AIMS system.

When: Carleton University, Ottawa; Saturday/Sunday, July 18/19, 2026.

Who: Anyone interested in becoming a recognized course Measurer in the AIMS system, as administered by Athletics Canada (AC). You need not have measured a road course using the Calibrated Bicycle Method, but if you have been part of a measurement team, the workshop will validate your previous experience.

What: The workshop combines classroom sessions with practical work. Three sessions of approximately three hours each are planned, with the exact schedule determined by the weather. The workshop will start on Saturday morning (July 18) and finish around noon on Sunday (July 19).

Course Leaders: Dave Yaeger and Roger Burrows. *(Dave is an AIMS “A” Measurer and AC Certifier; Roger is an experienced measurer using this workshop to reactivate his previous “C” Measurer status)*

You will need: a road bike, preferably one that you ride regularly.
(optional) any version of a Jones Counter that you own or can borrow
(the more we have, the more efficient the practical sessions)
a small notebook; a calculator

To Register: Email roger@bytownwalkers.ca with “AIMS Workshop Registration” in the subject line. Please include your name, address, phone number(s) and a few words to describe your measurement experience (ie: none; date of last course measured, etc.). We will provide more information when registrations are received.

Registration Fee: \$125 (please register first – we can arrange the payment later)

Please register by: Monday, June 22, 12h00 EDT. *(This is the day following the National Championships in Ottawa. Roger will be available at Terry Fox track from noon to the end of the meet on Sunday, June 21 to answer questions.)*

¹ AIMS (the Association of International Marathons and Distance Races) is the partner to which World Athletics entrusts road course measurement. In their words: “AIMS works in partnership with World Athletics and together we have adopted the calibrated bicycle method as the only approved method for measuring road races.”